
Relay Records Report for SC Relay-S

Times since: 10-Jan-10

Southwold Swimming Club [SOTW] Coach: Keith Smith

Female 11-11 100 Free Relay

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|------------|--|------------|------|
| 1:04.96 | Southwold Swimming Club S. Hall, L. Jenkinson, J. Graham, A. Constable | 10/05/2008 | SOTW |
| 1:03.06 ** | Southwold Swimming Club J. Shaw, N. McCoubrie, E. Aris, L. Jenkinson | 16/01/2010 | SOTW |

Female 11-11 100 Medley Relay

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| 1:12.28 | Southwold Swimming Club L. Jenkinson, S. Hall, J. Graham, A. Constable | 10/05/2008 | SOTW |
| 1:10.93 ** | Southwold Swimming Club L. Jenkinson, E. Aris, N. McCoubrie, J. Shaw | 16/01/2010 | SOTW |

Female 13-13 100 Medley Relay

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| 1:06.64 | Southwold Swimming Club R. Robinson, M. Hopkinson-buss, J. Bath, B. Tomlin | 10/05/2008 | SOTW |
| 1:05.37 ** | Southwold Swimming Club A. Constable, M. Hopkinson-Buss, J. Graham, S. Hal | 16/01/2010 | SOTW |

Female 15-15 100 Free Relay

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| 59.63 | Southwold Swimming Club B. Tomlinson, L. Sims, J. Bath, D. Nicholls | 10/05/2008 | SOTW |
| 57.02 ** | Southwold Swimming Club R. Robinson, J. Bath, C. Bragg, B. Tomlinson | 16/01/2010 | SOTW |

Female 15-15 100 Medley Relay

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| 1:04.92 | Southwold Swimming Club D. Nicholls, M. Hopkinson-Buss, J. Bath, A. Consta | 24/01/2009 | SOTW |
| 1:04.81 ** | Southwold Swimming Club R. Robinson, J. Bath, C. Bragg, B. Tomlinson | 16/01/2010 | SOTW |

Female Open 100 Medley Relay

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| 1:04.27 | Southwold Swimming Club K. Jenkins, L. Duck, H. Payne, B. Tomlinson | 01/03/2008 | SOTW |
| 1:03.85 ** | Southwold Swimming Club D. Nicholls, M. Hopkinson-Buss, C. Bragg, B. Tomli | 16/01/2010 | SOTW |

Male 11-11 100 Free Relay

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| 1:05.51 | Southwold Swimming Club J. Instrall, P. Rogers, R. Bates, J. Heron | 17/05/2008 | SOTW |
| 1:02.81 ** | Southwold Swimming Club D. Holt, B. Newman, L. Mynott, G. Boulton | 16/01/2010 | SOTW |

Male 13-13 100 Medley Relay

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| 1:07.47 | Southwold Swimming Club M. Buckland, M. Gigg, N. Monks | 13/05/2006 | SOTW |
| 1:05.44 ** | Southwold Swimming Club R. Bates, P. Rogers, J. Newman, J. Instrall | 16/01/2010 | SOTW |

Male Open 100 Free Relay

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| 50.15 | Southwold Swimming Club S. Van Der Park, B. Hutchings, A. Evans, A. Lane | 01/03/2008 | SOTW |
| 47.50 ** | Southwold Swimming Club R. Britton, A. Case, P. Gleed, S. Van Der Park | 16/01/2010 | SOTW |

Male Open 100 Medley Relay

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| 56.38 | Southwold Swimming Club S. Van Der Park, B. Hutchings, A. Evans, A. Lane | 01/03/2008 | SOTW |
| 52.50 ** | Southwold Swimming Club S. Van Der Park, A. Case, P. Gleed, R. Britton | 16/01/2010 | SOTW |